

Welcome to the 32nd annual Joe Martin Stage Race. We're excited that this year's race is once again part of the National Race Calendar. The Joe Martin has seen tremendous growth in recent years and we feel very fortunate to once again have some of the top cyclists in the country competing in Northwest Arkansas.

The goal of the Joe Martin Stage Race is to bring a nationally competitive field of cyclists to our area and to expose our community to an exciting, colorful sport. We believe that we're on our way to accomplishing these goals. I encourage you to enjoy some of the local flavor, get to know our residents, and take in some of the beautiful countryside as you're rolling past.

It's an honor and a privilege to have each of you at our race, and we hope and pray that you will have a safe, successful weekend. Please feel free to give the volunteers or myself feedback on how we can continue to make the race even better in the years to come.

Best of luck and God bless,

Bruce Dunn
Race Director

2009 JOE MARTIN STAGE RACE COMMITTEE

Jerry Bailey	Technical support
Mandy Blackwood	Assistant race director
Dana Cable	Volunteers
Cindy Cottone	Sponsor liaison
Cindy Creel	Merchandise
Bruce Dunn	Race director
Tom Ewart	Media / photography
Kenda Grover	Officials
Jennifer James	Public relations
Amy Johnson	Restaurant liaison, Primes / prizes
Steve Jones	Transportation
Cindy Komarek	Special operations
Bonnie LaGrone	Volunteer coordinator
Dean LaGrone	Volunteer coordinator
Scott Lloyd	Race Bible
Melissa Maddox	Presenting sponsor liaison
Erika McCourt	Entertainment, post-event celebration
Joe McFarland	Presenting sponsor liaison
Steve Middleton	Wheel trucks
Michael Moser	Feed zone
Phuong Mueller	Medical
Janet Oxford	Radios / communications
Mike Oxford	Course manager
Jeremy Pratchard	Registration
Robbin Raeber	Massage / rider support
David Sager	Motorcycles
Stephen Ray Stafford	Host housing, Pro team liaison, announcers
Janet Taylor	Volunteers
Jill Tompkins	Media
Jason Vickery	Medical
Greg Wacaster	Presenting sponsor liaison
Delona "Tut" Williams	Community relations, kids ride
Leighton Wood	Assistant race director

2009 JOE MARTIN STAGE RACE PRINCIPAL OFFICIALS

George Heagerty	USA Cycling
Bonnie Walker	Chief Referee
Cindy Yorgason	Chief Judge
AGR Technology, Inc.	Timing / Results

RACE HEADQUARTERS

70 N East Ave.
Fayetteville, AR 72701
479-521-7766 phone or fax
bruce@misterguy.com
www.joemartinstagerace.com

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SCHEDULE OF EVENTS

Wednesday, May 6

Pro / Elite registration, Cosmopolitan	6:00 - 9:00 pm
Pro manager's meeting, Cosmopolitan	7:30 pm Pro Men 1; 8:15 pm Pro Women

Thursday, May 7

Pro / Elite packet pickup, Cosmopolitan	9:00 am - 11:00 am
Pro / Elite packet pickup, Devil's Den State Park	1:00 - 2:30 pm Pro Men 1; 1:00 - 4:30 pm Men 1,2; 1:00 - 3:30 pm Pro Women
Pro / Elite time trial starts	3:00 pm Pro Men 1; Pro Women 4:15 pm Men 1,2; 5:00 pm (<i>approx.</i>)

Friday, May 8

Pro / Elite road race #1	1:00 pm Men 1,2; 2:00 pm Pro Men 1; 2:30 pm Pro Women
USAC registration, Cosmopolitan	7:00 - 10:00 pm

Saturday, May 9

USAC packet pickup Devils Den State Park	6:30 am - 8:00 am
USAC time trial	8:30 am first group starts
Pro / Elite road race #2	12:00 pm Pro Women; 3:10 pm Pro Men 1; 3:15 pm Men 1,2;
USAC road race	12:15 pm Men Cat 5; 12:30 pm Women 3,4 & Women 4 am; All other USAC begin at 3:20 pm

Sunday, May 10

USAC criterium	8:00 am first group starts
Cruiser parade	12:30 pm
Kid's ride	12:30 pm
Pro / Elite criterium	11:30 am Pro Women; 1:30 pm Pro Men 1; 3:15 pm Men 1,2
Post race celebration, Jose's <i>All you can eat taco-style party buffet and select beers: \$5 riders, \$10 guests</i>	5:00 pm

Pro / Elite Stage Race **(Time Trial, Two Road Races, Criterium)**

Please note that some of the following information which applies to Pro Men 1 and Pro Women 1, 2 might not apply to Men 1, 2.

General Rules and Information:

- Joe Martin Stage Race is held under USAC permit #2009-1113. All 2009 USAC rules are in effect.
- The current UCI schedule of fines and penalties (UCI Article 12.1.040 “other events”) shall apply.
- Maximum of eight riders per team.
- Active participants in Category A races, including officials, riders, team managers, drivers, and mechanics, must hold a Federation license or a license from a governing body that is a member of UCI and must show such license at registration.
- Anti-doping inspections will be carried out by USADA. The numbers of riders who are to present themselves for anti-doping will be posted in the Results area and at the USADA station after each race. It is the rider’s responsibility to check this list and present himself/herself when called upon. Failure to appear when selected results in a positive test. Alternates must also present themselves until released by USADA.
- **There will be mandatory rider sign-in at the start line of each stage. Exception: Time trail. (Failure to sign in = 35 CHF)**
- Racers must successfully complete each stage in order to be eligible to continue to the next.
- Riders abandoning the race **must** turn in their race numbers to the officials, **without exception**. Failure to do so may result in fines according to the standard UCI schedule.
- All numbers supplied by the promoter must be used. **No folding or cutting of numbers is allowed**. See example at registration for specific placement.
 - Bib numbers (two will be provided) should be placed on each side of the jersey back with the bottom edge of each number aligned with the jersey side seam. **Do not place them over jersey pockets (American style placement)**.
 - Frame numbers may be placed within the main triangle (preferred) or behind the seatpost.
 - **NOTE:** Number, epaulet, cycle plate or frameplate changed (cut, folded) or badly positioned may result in a progressive fine starting at 50 CHF. ID number or frameplate invisible or unrecognizable (including being obscured by hair or garments) may result in a progressive fine starting at 100 CHF. Please help the officials do their job by correctly placing numbers and ensuring they are visible.
- After completing your races, please do not congregate at the finish line. Never cross the finish line in the opposite direction or a second time in the same direction.
- All stages will have officials on the races courses, in the caravans and at the finish lines. Motor officials will support each road stage.
- State, county and city law enforcement will provide support on all stages.
- Time cuts will be in effect. See “Timing and Classification” section on page 6 for more details.
- Central EMS will follow both road races and be staged at the finish lines. Trained personnel will staff the medical tent at each staging area and the Vendor Expo area on Sunday during the Criterium. Washington Regional Hospital is located at 3215 N. Hills Blvd., Fayetteville, AR 72703 and phone number is 479-463-1000. MediServe is located on 117 Sycamore, Fayetteville, AR 72703 and phone number is 479-521-0200.
- Anti-doping information: see onsite communiqué regarding possible testing.
- NRC points information: Category 2.2 rated event

Courses: All maps, course details and directions to race starts located in the Maps sections of the Race Bible.

Men – Pro 1 and Men 1, 2

	Thursday TT	Friday RR	Saturday RR	Sun. Crit-P1	Sun Crit-Cat 1,2
Length	2.5 miles	112 miles	92 miles	90 minutes	60 minutes
Elevation gain	680 feet	5,300 feet	6,000 feet	See profile	See profile
Average Grade	6.8%	See Map	See Map	See Map	See Map
Difficulty of Course	2	3	4	5	5
Course Closures	Closed	Rolling	Rolling	Closed	Closed

Women

	Thursday TT	Friday RR	Saturday RR	Sunday Crit
Length	2.5 miles	69	69	60 minutes
Elevation gain	680 feet	3,500 feet	3,800 feet	See profile
Average Grade	6.8%	See Map	See Map	See Map
Difficulty of Course	2	3	4	5
Course Closures	Closed	Rolling	Rolling	Closed

Elevation gain per lap (see elevation profile at bottom of each race map)

1. Feed Zone locations – located on maps
2. Spectator spots – see web site under Spectators for details.
3. Access Points for medical staff with evacuation routes indicated – see black/white maps with blue markings
4. Location of course marshals – see black/white maps with red markings.

Road Stages:

- Pro Men 1 and Pro Women 1, 2 racers **only** will have full rolling enclosures, and can use the full width of the road. Whenever the road is more than two lanes wide, officials will direct riders to use only the right two lanes.
- ***Note that Men 1, 2 racers will not have a rolling enclosure! Standard USAC center line rules will be in effect at all times!***
- There will be corner marshals at all intersections on the courses. *Ultimately, it is the riders' responsibility to know each course!*
- Neutral race support will be provided by SRAM Neutral Race Support for the Pro Men 1 and Men 1, 2 and Pro Women 1, 2 only. Wheels in, wheels out will also be allowed. Wheels can be picked up at the finish area after the race. The Joe Martin Stage Race is not responsible for wheels and equipment left at the drop-off area 30 minutes after they are deposited. Wheels and equipment which have not been collected will be moved to the Cosmopolitan once finish line teardown is complete.
- All feed zones will have neutral hand ups with Gatorade, gels, bananas and water.

Time Trial:

- **Time Trial start times will be assigned to all pre-registered riders and posted at registration on Wednesday, May 6. All others will be assigned after the close of registration.**
- **The time trial is a stage and will count in team and individual GC.**
- 30-second interval start times based upon “time of day”.
- Race officials and volunteers will be posted along the Time Trial course.
- UCI standards are in effect for all NRC race time trial bikes. Bikes that do not conform will not be permitted to start. Race officials will be available to make courtesy checks (1 hour

prior to the first rider's start) but riders lining up for the start have priority. Please see the General Regulations at www.uci.ch and <http://www.usacycling.org/forms/officials/BikeMeasureForCommissaires101.pdf> for details.

criterium:

- Neutral support will be provided by SRAM Neutral Race Support. Wheels in, wheels out will also be allowed. Due to limited wheel support area, please remove wheels immediately after your race finishes. The Joe Martin Stage Race is not responsible for wheels and equipment left in the service areas 30 minutes after a race has ended.
- 2 neutral support pits on course; located immediately after turns one and six from start/finish line.

Timing and Classification:

- Individual riders' general classifications will be calculated by summing that rider's time in all individual stages, taking into account any time bonuses and/or penalties.
- The Time Trial is a stage, not a prologue. It counts towards Team GC, and all riders must complete the course.
- In case two or more riders are tied in their final general classifications, their order will be determined by adding the fractions of a second from the individual Time Trial back into the total time. If this does not resolve the tie, the next method is adding their places obtained in each stage. If this does not suffice to break the tie, ties will be broken by place in the Criterium.
- Team GC calculations will be made by adding the time of the top 3 riders within each team by stage, without figuring into it any time bonuses or penalties. Teams with fewer than 3 riders will be eliminated from the competition. See USAC Rulebook for more detail. (Only for Pro Men and Pro Women.)
- TIME CUTS: riders must finish each road stage within 115% of the winner's time, 125% of winner's time in the time trial.
- Riders must complete 50% of the Criterium to be placed. Riders not completing 50% will be considered DNF for the stage and overall. Riders completing 50% or more who are pulled by the Chief Referee or designee will receive a pro-rated calculated finish time based upon the assumption the riders will continue to race at a slower speed. Riders about to be lapped in the Criterium will be pulled at the finish line by the officials and if applicable riders will be given a pro-rated time.
- Thursday, Friday and Saturday results will be posted at the Cosmopolitan, at the start area of each stage near sign-in, and immediately adjacent to the podium at the criterium on Sunday.
- Time bonuses will be awarded in both Road Races and Criterium only.
 - No bonus times will be awarded in the Time Trial.
 - Road stages: Top 3 finishers: 15, 10 and 5 seconds, respectively.
 - Criterium: Top 3 finishers: 10, 7 and 5 seconds, respectively.

Awards Protocol: The following riders are required to present themselves for the awards ceremonies immediately at the conclusion of the stages. **Full team uniform is required.**

- **Time Trial:** None.
- **Road Race 1:** Top 3 from the stage (NRC races)

- **Road Race 2:** Top 3 from the stage (NRC races)
- **Criterion:**
 - Pro Men, 1: Top 3 for the stage, Top 8 in individual GC, Top Team on GC
 - Pro Women 1, 2: Top 3 for the stage, Top 5 in individual GC, Top Team on GC
 - Men 1, 2: Top 3 for the stage, Top 5 in individual GC

Juniors Information:

- **Even if juniors are participating with Pro or Elite groups, all juniors must still use junior gearing.** Blocked gears are permitted.
- Roll outs will be performed for all junior riders prior to the start of some stages (see below). Additionally, the top 3 junior finishers of these stages are subject to verification after the stage finish.
 - Thursday Time Trial – roll out for all juniors will occur approx. 15 minutes before your appointed time in the start area. Please allow sufficient time for your start.
 - Friday and Saturday Road Races – roll out for all juniors will occur 1 hour before the start of your race, near sign-in.
 - Sunday Criterion -- roll outs occur 15 minutes before the races in which any junior is participating behind the start/finish announcer's stage and for the top 5 juniors at the finish of the race.

Managers' meetings — MANDATORY

There will be managers' meetings on Wednesday evening, May 6, in the Cosmopolitan Hotel's McIlroy Room (on the second floor).

- 7:30 pm Pro Men 1
- 8:15 pm Pro Women 1, 2

All Pro Men 1 and Pro Women 1, 2 teams must have a manager/representative present. Vital information will be discussed and materials distributed.

Men 1, 2 teams are not required to attend, but are encouraged.

Pro / Elite Stage 1

Time Trial: Thursday, May 7

- **Time Trial start times will be assigned to all pre-registered riders and posted at registration on Wednesday, May 6. All others will be assigned after the close of registration.** Start times and will be posted at the Cosmopolitan Hotel and at the staging area of the time trial at Devil's Den.
- Riders must finish within 125% of winner's time in the time trial.
- **The time trial is a stage and will count in team and individual GC.**
- 30-second interval start times based on "time of day".
- *Approximate* group start times will be 3:00 pm for Pro Men 1, 4:30 pm for Pro Women 1, 2 and 5:15 pm for Men 1, 2.
- Directions: the course is located approximately 24 miles (45 minutes driving time) south of Fayetteville. Please enter Devil's Den from the south on Hwy 74. Take I-540 south to exit 45, turn right/west onto Hwy. 74. Riders will only be allowed to park in designated areas within the park. See page 27 for directions.
- There will be a trainer warm-up area sponsored by CycleOps/Saris Cycling Group near the start line (campground C). Helmets not required while riders are on a stationary trainer.
- The course is a 2.5-mile climb out of Devil's Den State Park. There is a brief flat section before the road steadily climbs 680 feet to the finish with an average grade of 6.8%, with most of the climb at 10%.
- Please refer to Course Maps section of the Race Bible and the individual Trip Reports for more detailed information.
- Race officials and volunteers will be posted along the Time Trial course.
- UCI standards are in effect for all NRC race time trial bikes. Bikes that do not conform will not be permitted to start. Please see the General Regulations at www.uci.ch for details. Race officials will be available to make courtesy checks (1 hour prior to the first rider's start). Riders within 15 minutes of their start have priority on bike check. Both weight and dimensions will be checked.

Award Ceremonies

- There will be no awards ceremonies following the Time Trial.

Pro / Elite Stage 2
Road Race: Friday, May 8

- **Pro Men 1 and Men 1, 2** will stage and start in the Wal-Mart parking lot on Hwy. 62/6th St. See Page 27 for detailed directions. There will be a neutral roll-out - distance TBA at manager’s meeting and sign-in.
 - Finish line is located on Dickson St. in front of the Collier Drug Store parking lot (100 feet east of the St. Charles/Dickson intersection).
- **Pro Women 1, 2** will stage and start in Cedarville, Arkansas, in the First Baptist Church parking lot on Hwy. 59. See page 27 for specific directions to the women’s start from the men’s start at Wal-Mart. Estimated travel time is 1 hour, 15 minutes.
 - Finish line will be the same as for the men.
- Men's feed zones will be located at Natural Dam (mile 47) and Mt. Gaylor (mile 85). Women will only use the second feed zone (mile 34). Neutral feed with Gatorade, gels, bananas and water will be available.

<u>GROUP</u>	<u>START</u>	<u>DISTANCE</u>	<u>TIME BONUS</u>	<u>ETA</u>
Men 1, 2	1:00 pm	110	15”, 10”, 5”	5:45 pm
Pro Men 1	2:00 pm	110	15”, 10”, 5”	6:30 pm
Pro Women 1, 2	2:30 pm	64	15”, 10”, 5”	5:15 pm

- Course description: The men will leave Fayetteville on Hwy. 62, turn left onto Hwy. 45, turn left onto Hwy. 59, turn left onto Hwy. 348/282, turn left onto Hwy. 71 and return to Fayetteville. *The women will begin at Cedarville. See Course Maps section.*
 - Finishing stretch: From Hwy. 71, the final mile will turn left on Prairie St. and go 1/10 mile, turn right on West Ave. and go 6/10 mile, turn right on Dickson St. and go 2/10 mile to the finish, which is located on Dickson St. at Collier Drug Store.
 - **Team cars are not allowed on the finishing stretch. They must use alternate route. See Friday Finish Map for exact caravan deviation details.**
- Please refer to the Course Maps section of the Race Bible and the individual Trip Reports for more detailed information.

Men 1, 2: Remember that USAC centerline regulations will be in effect throughout this race!

Awards Ceremonies – NRC only

- There will be awards ceremonies for Pro Men and Pro Women only. Top 3 stage finishers will be acknowledged after the Friday stage.
- See Awards Protocol information under General Information for details
- Podium location: Friday – adjacent to finish line.

Pro / Elite Stage 3

Road Race: Saturday, May 9

- Staging area and Start/Finish will be at intersection of 15th St. and Razorback Rd. in the parking lot. See page 27 for directions to start from the Cosmopolitan Hotel.
- Parking will be available next to the staging area.
- There will be a 1-mile neutral roll out.
- The course has two sections:
 - There is an 11-mile out/back section from the Start/Finish area.
 - Then, the main portion of the course is a 23-mile loop
 - Pro Men 1 and Men 1, 2 will do 3 loops
 - Pro Women 1, 2 will do 2 loops
 - There will be corner marshals at all intersections on the courses. *Ultimately, it is the riders' responsibility to know each course!*
 - Please refer to Course Maps section of the Race Bible and to the individual Trip Reports for more detailed information.
- There will be two feed zones, both located on the 23-mile loop. Both will offer neutral feed with Gatorade, gels, bananas and water available. *There will be no feeding in the first zone on the first lap of the race. Feeding begins on reaching the second feed zone at about mile 32.*

<u>GROUP</u>	<u>START</u>	<u>DISTANCE</u>	<u>LAPS</u>	<u>TIME BONUS</u>	<u>ETA</u>
Pro Women 1, 2	12:00 pm	69	2	15", 10", 5"	3:00 pm
Pro Men 1	3:10 pm	92	3	15", 10", 5"	6:50 am
Men 1, 2	3:15 pm	92	3	15", 10", 5"	7:00 pm

- Course description: All riders will leave Fayetteville on Hwy. 265 South. To do the loop, turn left onto Hwy. 156, turn right onto Hwy. 170, turn right onto Hwy. 265. If beginning another loop, continue straight on Hwy. 156 in Hogeye. If returning to Fayetteville finish, turn left on Hwy. 265 in Hogeye.
 - Finish line area for all competitors will be located just north of the 15th and Razorback intersection. The final 1,000 meters of the northbound lanes will be open to riders only.
- Please refer to Course Maps section of the Race Bible and to the individual Trip Reports for more detailed information.

Men 1, 2: Remember that USAC center line regulations will be in effect throughout this race until the finishing stretch!

Award Ceremonies – NRC only

- There will be awards ceremonies for Pro Men and Pro Women only. Top 3 stage finishers will be acknowledged after the Saturday stage.
- See Awards Protocol information under General Information for details
- Podium location: Saturday – adjacent to finish line.

Pro / Elite Stage 4
 criterium: Sunday, May 10

- Start/Finish area is at the intersection of Center St. and Church Ave.
- The course is 1.3 miles long, with a tough climb to the finish that will challenge the field as the race progresses.
- There will be a trainer warm-up area sponsored by CycleOps/Saris Cycling Group available all day adjacent to the race announcer's stage.
- SRAM neutral pit located just after first turn past start/finish line.
- Please refer to Course Maps section of the Race Bible and the individual Trip Reports for more detailed information.
- **PRO TEAM CRITERIUM PARKING INFORMATION:** Pro teams with team-only vehicles may park inside the criterium course. The pro-only team parking lot, which is near the start/finish and within the course perimeter, can be accessed from College Ave. on Center St. See Criterium map for parking details.

<u>GROUP</u>	<u>START</u>	<u>TIME BONUS</u>	<u>LENGTH</u>
Pro Women 1, 2	11:30 am	10", 7", 5"	60 minutes
Pro Men 1	1:15 pm	10", 7", 5"	90 minutes
Men 1, 2	3:00 pm	10", 7", 5"	60 minutes

Remember! Post race celebration, Jose's on Dickson St.
 5:00 pm, Sunday
All you can eat taco-style party buffet and select beers: \$5 riders, \$10 guests

Award Ceremonies

- There will be awards ceremonies for Pro Men, Elite Men and Pro Women.
- See Award Protocol under General Classification for details.
- Podium location - Vendor Expo next to Pro Team parking area.
- Team uniforms required for all presentations.

Pro / Elite Prizes and Awards –

Place	Men Pro-1						Men 1-2	Women Pro-1-2					
	GC	TT	Fri RR	Sat RR	Crit	Team GC		GC	TT	Fri RR	Sat RR	Crit	Team GC
1	4675	150	150	150	200	650	950	2600	140	160	160	250	350
2	2340	125	125	125	180	425	560	1300	100	115	115	175	225
3	1560	75	100	100	170	300	360	900	60	75	75	125	175
4	1170	50	75	75	160	250	250	700				100	150
5	935		50	50	150	175	225	540				90	100
6	780				130		200	450				75	
7	670				120		185	375				60	
8	585				110		170	325				50	
9	520				100		155	290				40	
10	470				90		140	260				35	
11	425				80		125	240					
12	390				70		110	220					
13	360				60		100	200					
14	335				50		90	190					
15	315				40		80	175					
16	295				35		70	165					
17	275				30		65	155					
18	260				25		60	145					
19	250						55	140					
20	240						50	130					
21	230												
22	220												
23	210												
24	200												
25	190												
26	180												
27	170												
28	165												
29	160												
30	155												
31	150												
32	145												
33	140												
34	135												
35	130												
36	125												
37	120												
38	115												
39	110												
40	100												
TOT	\$20000	\$400	\$500	\$500	\$1800	\$1800	\$4000	\$9500	\$300	\$350	\$350	\$1000	\$1000

- **PAYOUTS WILL BE MADE ON SUNDAY 15 MINUTES AFTER THE OFFICIAL RESULTS HAVE BEEN POSTED. No protests on order of finish will be accepted once pay-out has begun.**
- **Checks will be issued in the back lobby of the Bank of Fayetteville—adjacent to the vendor expo.**
- Cash and product primes will be awarded at the Bank of Fayetteville.

USAC Stage Race

(Time Trial, Road Race, Criterium)

General Rules:

- Joe Martin Stage Race is held under USAC permit #2009-1113. All 2009 USAC rules are in effect and the USAC scale of penalties shall apply.
- Valid and current USAC license must be presented at registration.
- Events will be held rain or shine.
- Helmets must be worn at all times while riding a bike.
- Racers must successfully complete each stage in order to continue to the next stage.
- Sign-in is mandatory for the road race and criterium. It will open one hour before race start and close 15 minutes before departure. Sign-in will be located near the start area for each race. Please inform the officials if you will not be starting a stage.
- All numbers supplied by the promoter must be used. **No folding or cutting of numbers is allowed.** See example at registration for specific placement.
 - Bib numbers (two will be provided) should be placed on each side of the jersey back with the bottom edge of each number aligned with the jersey side seam. **Do not place them over jersey pockets (American style placement).**
 - Frame numbers may be placed within the main triangle (preferred) or behind the seatpost.
 - NOTE: 4H7. Numbers and Frameplates:
 - (a) Number or frameplate altered, mutilated, badly positioned, or covered (this includes obscured by long hair or other garment) at the finish: First offense: \$20 fine, Second offense: \$35 fine, Third offense: disqualification
 - (b) Rider abandoning the race without returning the race number and informing the officials: \$35 fine
 - Riders abandoning a stage must turn in their race number to the officials. We want to account for every rider. This speeds the results process for everyone. Please do your part!
- After completing your races, please do not congregate at the finish line. Do not go backwards on the course or re-cross the finish line.
- All stages will have officials on the races courses, in the caravans and at the finish lines. Motor officials will support each road stage.
- State, county and city law enforcement will provide support on all stages.
- Central EMS will follow both road races and be staged at the finish lines. Trained personnel will staff the medical tent at each staging area and the Vendor Expo area on Sunday during the Criterium. Washington Regional Hospital is located at 3215 N. Hills Blvd., Fayetteville, AR 72703 and phone number is 479-463-1000. MediServe is located on 117 Sycamore, Fayetteville, AR 72703 and phone number is 479-521-0200

Time Trial:

- Exact individual start times will be pre-assigned at the end of Friday night registration, and will also be posted at the start / finish line area of Saturday's road race and at the staging area of the Time Trial at Devil's Den. 30-second interval start times based upon "time of day"
- Race officials and volunteers will be posted along the Time Trial course.

Road Stage:

- *The center line rule will be strictly enforced for all USAC categories. We take your safety seriously. You should, too!*

- There will be corner marshals at all intersections on the courses. *Ultimately, it is the riders' responsibility to know each course!*
- Wheel vehicles will be provided for each category. Wheels in, wheels out. Wheels can be picked up at the finish area after the race. The Joe Martin Stage Race is not responsible for wheels and equipment left at the drop-off area 30 minutes after they are deposited. Wheels and equipment that have not been collected will be moved to the Cosmopolitan once finish line teardown is complete.
- All feed zones will have neutral hand ups with Gatorade, gels, bananas and water.

criterium:

- Neutral wheel support will be provided. Wheels in, wheels out will also be allowed.
- SRAM neutral pit located just past first turn from start/finish line.
- Due to limited wheel support area, please remove wheels immediately after your race finishes. The Joe Martin Stage Race is not responsible for wheels and equipment left in the service areas 30 minutes after a race has ended.

Timing and Classification:

- Individual riders' general classifications will be calculated by summing that rider's time in all individual stages, taking into account any time bonuses and/or penalties. In case two or more riders are tied in their final general classifications, their order will be determined by adding the fractions of a second from the individual Time Trial back into the total time. If this does not resolve the tie, the next method is adding their places obtained in each stage. If this does not suffice to break the tie, ties will be broken by place in the Criterium.
- TIME CUTS: riders must finish the road race within 115% of the winner's time.
- Friday and Saturday results will be posted at the Cosmopolitan, and at the Joe Martin merchandise tent at the Criterium on Sunday.
- Riders must complete 50% of the Criterium to be placed. Riders not completing 50% will be considered DNF for the stage and overall. Riders completing 50% or more who are pulled by the Chief Referee or designee will receive a pro-rated calculated finish time based upon the assumption the riders will continue to race at a slower speed. Riders about to be lapped in the Criterium will be pulled at the finish line by the officials and if applicable riders will be given a pro-rated time.
- Time bonuses will be awarded in the Road Race and Criterium only.
 - No bonus times will be awarded in the Time Trial.
 - Road stage: Top 3 finishers: 15, 10 and 5 seconds, respectively.
 - Criterium: Top 3 finishers: 10, 7 and 5 seconds, respectively.

Juniors Information:

- **Even if juniors are participating with Pro or Elite groups, all juniors must still use junior gearing.** Blocked gears are permitted.
- Roll outs will be performed for all junior riders prior to the start of some stages (see below). Additionally, the top 3 junior finishers of these stages are subject to verification after the stage finish.
 - Thursday Time Trial – roll out for all juniors will occur approx. 15 minutes before your appointed time in the start area. Please allow sufficient time for your start.
 - Friday and Saturday Road Races – roll out for all juniors will occur 1 hour before the start of your race, near sign-in.
 - Sunday Criterium -- roll outs occur 15 minutes before the races in which any junior is participating behind the start/finish announcer's stage and for the top 5 juniors at the finish of the race.

USAC Stage 1

Time Trial: Saturday, May 9

- Exact individual start times will be pre-assigned at the end of Friday night registration, and will also be posted at the start / finish line area of Saturday's road race and at the staging area of the time trial at Devil's Den. 30-second interval start times based on "time of day". See category order below to determine approximate times.
- The course is located approximately 24 miles (45 minutes driving time) south of Fayetteville. Please enter Devil's Den from the south on Hwy 74. Take I-540 south to exit 45, turn right/west onto Hwy. 74. Riders will only be allowed to park in designated areas within the park.
- There will be a trainer warm-up area sponsored by CycleOps/Saris Cycling Group near the start line (campground C).
- The course is a 2.5-mile climb out of Devil's Den State Park. There is a brief flat section before the road steadily climbs 680 feet to the finish with an average grade of 6.8%, with most of the climb at 10%.
- Please refer to Course Maps section of the Race Bible for more detailed information.
- Time Trial Start Order and Estimated Start Time:

<u>Category</u>	<u>Estimated Start</u>
Men Cat 5	8:30am
Women 3,4	8:50 am
Master Women 40+	9:10 am
Men 3	9:30am
Master Men 40+	10:15am
Master Men 50+	10:30am
Men 4	10:45am

USAC Stage 2

Road Race: Saturday, May 9

ALL categories start and finish at the same place:

- Sign-in, staging area and Start/Finish will be at parking lot located at the intersection of Razorback Road and 15th Street. See page 27 for directions to start from the Cosmopolitan Hotel.
- Parking will be available next to the staging area.
- There will be a 1-mile neutral roll out.
- NEW FINISH LINE. Finish line area for all competitors will be located just north of the intersection of Razorback Rd. and 15th St. The final 1,000 meters of the northbound lanes will be open to riders only.
- The course has two sections:
 - There is an 11-mile out/back section from the Start/Finish area.
 - Then, the main portion of the course is a 23-mile loop
 - There will be corner marshals at all intersections on the course. *Ultimately, it is the riders' responsibility to know the course!*
 - Please refer to Course Maps section of the Race Bible and to the individual Trip Reports for more detailed information.
- There will be two feed zones on the 23-mile loop, but the first zone (mile 13) is for the exclusive use of Pro Men, Elite Men and Pro Women. Do not send support staff to this feed zone. *The second zone (mile 32) will support all categories*, and will offer neutral feed with Gatorade, gels, bananas and water available. Feed zones will be clearly marked.
- Directions to USAC feed zone: From staging area take Hwy. 265 South for 11 miles, turn right on Hwy. 156, go 1/10 mile and bear left on Hwy. 265. Feed zone is 2 miles ahead.

<u>GROUP</u>	<u>START</u>	<u>DISTANCE</u>	<u>TIME BONUS</u>	<u>ETA</u>
Men 5	12:15 pm	46	15", 10", 5"	2:20 pm
Women 3, 4 & Women 40+	12:30 pm	46	15", 10", 5"	2:30 pm
Men 3	3:20 pm	69	15", 10", 5"	6:20 pm
Masters Men 40+	3:30 pm	69	15", 10", 5"	6:30 pm
Masters Men 50+	3:40 pm	46	15", 10", 5"	5:40 pm
Men 4	3:50 pm	46	15", 10", 5"	5:50 pm

ALL USAC CATEGORIES:

- **Course description for all USAC categories:** groups will leave Fayetteville on Hwy. 265 South. To do the loop, turn left onto Hwy. 156, turn right onto Hwy. 170, turn right onto Hwy. 265. If beginning another loop, continue straight on Hwy. 156 in Hogeye. If returning to Fayetteville finish, turn left on Hwy. 265 in Hogeye.
- Finish line area for all competitors will be located just north of the intersection of Razorback Rd. and 15th Street. The final 1,000 meters of the northbound lanes will be open to riders only. Please refer to Course Maps section of the Race Bible for more detailed information.

USAC Stage 3

Criterion: Sunday, May 10

- Start/Finish area is at the intersection of Center St. and Church Ave.
- The course is 1.3 miles long, with a tough climb to the finish that will challenge the field as the race progresses.
- There will be a trainer warm-up area sponsored by CycleOps/Saris Cycling Group available all day adjacent to the race announcer's stage.
- Please refer to Course Maps section of the Race Bible for more detailed information.
- **CRITERIUM PARKING INFORMATION:** If you arrive early in the day for Sunday's criterium, you may park in the lot which is north of the start/finish and within the course perimeter. This lot can be accessed from College Ave. on Center St. Additional parking areas are marked in gray on the criterium map.

<u>GROUP</u>	<u>START</u>	<u>TIME BONUS</u>	<u>LENGTH</u>
Women 3, 4	8:00 am	10", 7", 5"	25 minutes
Masters Women 40+	8:35 am	10", 7", 5"	25 minutes
Men 4	9:10 am	10", 7", 5"	35 minutes
Masters Men 40+	9:55 am	10", 7", 5"	45 minutes
Masters Men 50+	10:45 am	10", 7", 5"	35 minutes
Pro Women 1, 2	11:30 am	10", 7", 5"	60 minutes
Cruiser Parade	12:30 pm	N/A	Lap of course
Kids' Ride (FREE) Ages 3-12	12:30 pm	N/A	25 yds. - 1.1 miles
Pro Men 1	1:15 pm	10", 7", 5"	90 minutes
Men 1, 2	3:00 pm	10", 7", 5"	60 minutes
Men 3	4:10 pm	10", 7", 5"	45 minutes
Men 5	5:05 pm	10", 7", 5"	30 minutes

Remember! Post race celebration, Jose's on Dickson St. 5:00 pm, Sunday
All you can eat taco-style party buffet and select beers: \$5 riders, \$10 guests

General Classification Awards Ceremonies

Top 5 places on individual GC for each category will be expected to attend the awards presentations, which will take place after each category's Criterium. **Team uniforms are required.**

USAC Prizes and Awards

- Each category GC winner will receive a special winner's award.
- A \$5,850 total cash purse (individual GC only) and over \$10,000 in cash, prizes and awards will be presented.

Place	Men 3	Men 4	Men 5	Men 40+	Men 50+	Women 3 / 4	Women 40+
1	\$375	\$275	Trophy	\$375	\$280	\$150	\$150
2	250	135	Trophy	275	200	90	90
3	150	110	Trophy	210	145	65	65
4	120	90	Trophy	155	95	50	50
5	100	80	Trophy	105	85	40	40
6	85	70	Trophy	85	75	30	30
7	75	60		75	65		
8	65	50		65	55		
9	55	40		55			
10	50	35		45			
11	45	30		30			
12	40	25		25			
13	35						
14	30						
15	25						
Total	\$1,500	\$1,000	N/A	\$1,500	\$1,000	\$425	\$425

- **CASH PAY OUTS WILL BE MADE ON SUNDAY 15 MINUTES AFTER THE OFFICIAL RESULTS HAVE BEEN POSTED. NO PROTESTS WILL BE ACCEPTED AFTER PAYOUTS HAVE BEGUN.**
- Rider giveaways, donations and prizes will include:
 - CycleOps trainer
 - Park Tool products
 - Cash and other exciting items!

Maps and Trip Reports: see web site under Course Details

Please support these downtown restaurants that back the JMSR. Let them know you are in town for the race!

1936 Club/Uber Burger Bistro	479-442-9682
A Taste of Thai	479-251-1800
Bangkok Cuisine	479-527-9531
Blue Fin	479-444-8122
Boar's Nest	479-443-4152
Bordino's	479-527-6795
Common Grounds	479-443-9777
Ella's - Inn at Carnall Hall	479-582-0400
Emelia's Restaurant	479-527-9800
Flying Burrito	479-527-0400
Geno's Pizza	479-442-1777
Grubs Bar & Grille	479-973-4782
Gullet's Gourmet	479-444-0096
Hog Haus Brewing Co	479-521-2739
Hugo's	479-521-7585
Jimmy John's	479-571-0600
Jose's	479-521-0194
Kosmos Greekafe	479-521-7482
Loafin' Joe's	479-443-9944
Qdoba Mexican Grill	479-444-7470
Steak 'n' Shake	479-444-6343
Theo's	479-527-0086
Tiny Tim's Pizza	479-442-9090
Toothpicks	479-521-6880
U.S. Pizza Co.	479-582-4808
Uncle Gaylord's	479-444-0605
Wasabi	479-527-0268

Most of these establishments are on the Criterium course. Those that are not are easy to locate by calling and asking for directions.

These civic and state organizations helped make the 2009 JMSR a success:

- Arkansas State Police
- Central EMS
- Devil's Den State Park
- Fayetteville Police Department
- Fayetteville Fire Department
- Fayetteville Street Division
- Hogeye Community
- Washington County Sheriff's Office
- Washington Regional Medical Center

THANK YOU!!!

NOTES: This page only if needed to complete a booklet